

Dads Matter 2

Fathers Make a Child's Life Better

Children of all ages benefit from having a safe and responsible father figure in their lives.

Kids with involved fathers:

- Learn to speak earlier
- Are more in touch with their feelings
- Are more social
- Attend school regularly and get better grades
- Have higher self-esteem
- Have fewer behavior problems
- Form healthy relationships
- Are less likely to use drugs or alcohol
- Are less likely to experience poverty

If you know the name of your child's father, please tell your child protection specialist. They can help to locate him and work with him to become a supportive co-parent.



Cuyahoga County
Together We Thrive

Division of Children and Family Services

Healthy Relationships and Co-Parenting

Whenever possible, a child needs both parents in their life.

If you can maintain a positive, respectful, and conflict-free relationship with your child's other parent, your child will benefit. This is true regardless of whether parents live together or not.

Children are more likely to be happy and well-adjusted when their parents get along. When parents fight, children feel the stress. This can lead to emotional and behavioral problems, and even physical health issues.

Children with involved, respectful fathers see an example of how men and women should interact. This can help them avoid violent or unhealthy relationships in the future.

Just as child abuse can be passed from generation to generation, so can respect, caring, and kindness.

If you'd like help maintaining a healthy, respectful relationship with your co-parent, contact the Cleveland Mediation Center at 216-621-1919, extension 6808.

Mediation can help families resolve arguments in a private, confidential setting with the help of someone who won't take sides.