Know the Signs

Every year there are more than 10,000 allegations of child abuse/ neglect in Cuyahoga County. Be an Everyday Hero. Prevent Child Abuse and Neglect

Physical Signs of Abuse

- Unexplained burns, cuts, bruises, or welts in the shape of an object
- Bite marks
- Anti-social behavior
- Problems in school
- Fear of adults

Emotional Signs of Abuse

- Apathy
- Depression
- Hostility or stress
- Lack of concentration
- Eating disorder

Sexual Signs of Abuse

- Inappropriate interest or knowledge of sexual acts
- Nightmares and bed wetting
- Drastic changes in appetite
- Over compliance or excessive aggression
- Fear of a particular person or family member

Signs of Neglect

- Unsuitable clothing
- Dirty or un-bathed
- Extreme hunger
- Apparent lack of supervision

Make the Call 216-696-KIDS(5437)



What's your superpower? Here's how you can be a #CuyahogaHero

Mentor:

- Mentor a child ages 10-21 in foster care through Bellefaire JCB's Mentoring Program. For more information contact: Greg Vazquez-Norman, Program Supervisor 216-320-6699 or normang@bellefairejcb.org
- Mentor a young adult ages 18-24 who aged out of foster care through Open Table. For more information contact: Amber Donovan, Executive Director, Community of Hope, 216-776-8088 or amberdonovan@hopeCLE.org

Donate:

 Cuyahoga County Division of Children and Family Services accepts monetary or material gifts to benefit the over 6,000 youth involved with DCFS throughout the year and for various special events such as back to school, Thanksgiving, winter holidays, and more! For more information contact: Kristin Gardner, Outreach Coordinator, 216-881-5301 or Kristin.gardner@jfs.ohio.gov

Empower:

- Become a Court Appointed Special Advocate. CASAs are qualified, trained, and supervised community volunteers who advocate for the best interests of abused, neglected, and dependent children involved with the Juvenile Court, in collaboration with key agencies and significant individuals in their lives. For more information contact: 216-443-3377 or info@cfadvocates.org
- Educate yourself and your community on the realities of child abuse, neglect, and the foster care system. To submit a request for a speaker: <u>cfs.cuyahogacounty.us/</u> <u>en-US/Speakers-Bureau.aspx</u>
- Support a local organization focused on the well-being of foster youth:

Cleveland Angels: <u>www.cleangels.org</u> The Purple Project: <u>www.thepurpleproject.com</u> Adoption Network Cleveland: <u>www.adoptionnetwork.org</u>

Foster or Adopt:

 If you have room in your heart or home, please consider becoming a foster and/or adoptive parent. V i s i t <u>everychildneedsfamily.com</u> or call 216-881-5775 for information.