

#### BENEFITS CHECK UP SCREENINGS ARE OFFERED AT THESE LOCATIONS:

Bedford Heights	440-786-3208
Broadview Heights	440-526-4685
Cuyahoga County DSAS	216-420-6700
Euclid Senior Program	216-289-2985
Fairview Park	440-356-4463
Lakewood West	216-521-1515
Maple Heights	216-587-5481
MetroHealth Advantage	216-957-2800
Parma Senior Center	440-885-8800
Shaker Heights	216-491-1351
Solon Senior Center	440-349-6363
Strongsville	440-580-3275

#### ROSE CENTERS OF GREATER CLEVELAND

James H. Woods	216-781-7236
Lake Shore Center	216-481-0631
Ernest J. Bohn	216-231-2733
Oakwood	440-232-9907
Gunning Park	216-267-9945

## COLLABORATIVE PARTNERSHIPS

Community Housing Solutions 216-231-5815 Cuyahoga County Public Library 216-398-1800 Cuyahoga County Veterans Service Commission 1-866-915-8387



Division of Senior and Adult Services 13815 Kinsman Road Cleveland, Ohio 44120 216-420-6750 www.dsas.cuyahogacounty.us

#### TOGETHER WE THRIVE

#### SERVICES AND SOLUTIONS FOR BETTER LIVING

Cuyahoga County Division of Senior and Adult Services 13815 Kinsman Road I Cleveland, Ohio 44120 Intake Line: (216) 420-6700 Fax: (216) 420-6735

# TOGETHER WE THRIVE

## INFORMATION SERVICES AGING AND DISABILITY RESOURCE NETWORK

Division of Senior and Adult Services

See what you've been missing! www.benefitscheckup.org/link/cuyahoga

#### **TOGETHER WE THRIVE**

www.dsas.cuyahogacounty.us

At Cuyahoga County Division of Senior and Adult Services, we know that older adults face ever-increasing costs for health care, utilities, and prescription medicine. There are numerous government and community benefit assistance programs that can help seniors reduce these expenditures. But, until recently, information about these programs was not readily accessible.

Benefits Check Up has made it possible to locate information about federal, state, and Cuyahoga County benefit programs via the internet.

We hope all our older residents will take advantage of this outstanding resource.

Richard L. Jones, Ph.D., Administrator, Division of Senior and Adult Services

#### FIND OUT IF YOU ARE ELIGIBLE FOR:

- Prescription Drug Discounts
- Health Care Benefits
- Property Tax Discounts
- Home Energy Assistance Programs
- Financial Assistance
- Telephone Discount Programs
- Housing Assistance
- Legal Services
- Home Support Services
- Nutrition Programs
- Senior Employment Services



## WHAT IS ADRN?

DSAS' Information Services Unit is a partner with the Aging & Disability Resource Network (ADRN) of the Western Reserve Area Agency on Aging (WRAAA).

By connecting partners, Benefits Specialists and Options Counselors can assist seniors 60 and older and adults with disabilities identify potential benefits, services and resources that support their independence by linking them to organizations that can help. Benefits Assistance and Options counseling screen clients for eligibility for public benefits and guide them through the application process. Anyone can contact the ADRN, regardless of age, financial status or care giving role.

#### http://dsas.cuyahogacounty. us/en-US/home.aspx

### IT'S FAST, SAFE, AND IT'S FREE!

Benefits Check Up is a web-based program for adults 55+developed by the National Council on Aging.

By completing the Benefits Check Up questionnaire, adults can quickly identify assistance programs for which they may qualify. Benefits Check Up is also a great tool for long distance caregivers. They can complete the questionnaire for loved ones who live in another city or state, since benefit assistance programs are identified by zip code.

## WHAT IS INFORMATION ASSISTANCE?

Information Assistance (I&A) is a service for adults with disabilities, older adults, their families/caregivers and professionals that involves:

- identifying issues, strengths and preferences to maintain independence.
- opening doors and linking with the array of services that support community living, economic security. health and wellness.

The components of the I&A process are:

- Establishing Rapport
- Gathering Information
- Exploring options
- Selecting providers
- Making seamless referrals
- Following up

Advocacy and system development I&A occur both via the DSAS Intake Unit and Information Services Programs

### WHAT IS BENEFITS ASSISTANCE?

Benefits Assistance is a service to help find and enroll seniors and adults with disabilities with limited income into benefits programs for which they are eligible, so they can remain healthy, secure and independent.

## WHAT IS OPTIONS COUNSELING?

Options counseling is a person-centered process whereby individuals, family members and/or significant others are supported to develop a plan for addressing long term services and supports need that aligns with their preferences, strengths, values, and needs. Options Counselors:

- Conduct a person-centered interview to discover what is important to and important for the individual, help them identify and weigh available options and make decisions,
- Assist in developing a person-centered plan detailing the individual's decisions, immediate next steps and long term objectives,
- Assist the individual to connect with public and privately funded services and needed, and
- Follow-up over time to ensure individuals are meeting their objectives and accessing desired services.