

DOUBLE JEOPARDY: THE COMPLEXITY OF THE DUAL DIAGNOSIS

MR. BRIAN BETHEL

SESSION ID#: CPS-NCORTC-4866 DATE: Friday, May 19, 2023 TIME: 9:00 AM - 4:00 PM
CREDIT HOURS: 6 REGISTRATION: Limited to 25

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: A dual diagnosis occurs when an individual is affected by both chemical dependency and an emotional or psychiatric illness. Individuals who present with coexisting disorders often require specialized services. Current research indicates the best outcomes occur when both disorders are treated simultaneously. However, social services, on the whole, are not well prepared to deal with people who have both disorders. Quite often only one of the two problems is identified. This workshop will provide an overview of the dual diagnosis and will address the challenges commonly associated with this population. In addition, participants will be exposed to evidenced-based treatment strategies for dual diagnosed services.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers

TRUST-BASED RELATIONAL INTERVENTION MODULE 1: INTRODUCTION AND OVERVIEW

MS. ANN BAGLEY

SESSION ID #: CPS-NCORTC-4868 DATE: Friday, May 19, 2023 TIME: 9:00 AM - 4:00 PM
CREDIT HOURS: 6 REGISTRATION: Limited to 25

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: This training, module one of the Trust-Based Relational Intervention (TBRI®) series, will focus on understanding the meanings behind child behaviors, the brain chemistry of a child from a hard place, and helping the child (and his/her family) heal and connect. Participants will learn tools they can put into action immediately. This module is a prerequisite for additional TBRI® modules.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers

JOINT CLASS

***This class is apart of a series. This class must be completed before taking any other class in the series.**

VERBAL DE-ESCALATION IN CHILD WELFARE

MR. BRIAN LOWERY

SESSION ID #: CPS-NCORTC-4949 DATE: Friday, May 19, 2023 TIME: 9:00 AM - 12:00 PM
CREDIT HOURS: 3 REGISTRATION: Limited to 25

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: This class will examine how pre-placement experiences and current stressors may affect a foster child's emotions, leading to escalating behaviors. This workshop reviews the skills of active listening, non-violent communication, and de-escalation. Levels of crisis development and the conflict cycle are discussed, emphasizing appropriate foster parent response. Trainees will participate in exercises and demonstrations concerning personal space, body posture and motion, which will enable them to more successfully deal with emotional or physical crisis which can occur with children living in out of home care.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff

NORMALCY AND THE REASONABLE AND PRUDENT PARENT STANDARD

MR. LAMAR KING

SESSION ID: CPS-NCORTC-4984
CREDIT HOURS: 3

DATE: Friday, May 19, 2023
REGISTRATION: Limited to 25

TIME: 9:00 AM - 12:00 PM

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: This training introduces caregivers to the concept of normalcy and defines the Reasonable and Prudent Parent Standard (RPPS). Caregivers will learn what needs to be considered when applying the RPPS, and will practice applying the standard in a number of scenarios.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers

WELCOME TO MY HOME: HOW TO FOSTER A CHILD OF A DIFFERENT RACE OR CULTURE

MS. JANICE FELTON

SESSION ID #: CPS-NCORTC-4864
CREDIT HOURS: 3

DATE: Friday, May 19, 2023
REGISTRATION: Limited to 25

TIME: 1:00 PM - 4:00 PM

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: This is a fun and fast-paced workshop that helps foster caregivers understand the importance of keeping children who are placed transculturally and/or transracially connected to their cultural heritage. This workshop defines cultural diversity in the context of children who are placed outside of their culture of origin. Participants have an opportunity to explore and affirm their own cultural identities. Participants explore and discuss common issues that arise when caring for children from a culture that is different from their own. Caregivers are given the tools to respond in a culturally competent and sensitive manner. Finally, foster caregivers identify ways to have fun with their foster children as they enhance their environment and participate in activities to help children to feel good about their culture, regardless of the differences in their current placement.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff

A WORLD OF OPPORTUNITIES: HIGH RISK BEHAVIORS ARE HIDDEN IN PLAIN SIGHT

MS. TAMME SMITH

SESSION ID: CPS-NCORTC- 4910
CREDIT HOURS: 3

DATE: Friday, May 19, 2023
REGISTRATION: Limited to 10

TIME: 1:00 PM - 4:00 PM

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: This workshop will explore the ways society portrays drugs, gangs, and sex, and these portrayals effect our youth. Information will be provided about Ohio drug trends. Participants will explore a model of a teen’s bedroom, seeking possible cues or signs that could hint to risky and/or illegal activity, including underage drinking, eating disorders, and substance abuse. Participants will gain strategies for working with youth and primary parents who demonstrate trauma indicators that manifest in gang involvement or the abuse of drugs and alcohol. Information about local resources and support will be provided.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers

SOBERING THOUGHTS: SUBSTANCE ABUSE IN ADOLESCENCE

MR. BRIAN BETHEL

SESSION ID: CPS-NCORTC-4923 DATE: Friday, May 19, 2023 TIME: 6:00 PM - 9:00 PM
CREDIT HOURS: 3 REGISTRATION: Limited to 25

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: Substance use disorders among adolescents are a significant public health problem in the United States. It is estimated that approximately 9% of the U.S. adolescent population meet the Diagnostic and Statistical Manual criteria for a substance use disorder (American Psychiatric Association, 2005). Consequently, caregivers frequently provide care for teens with drug and/or alcohol problems.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers

RULE VIOLATIONS, THIRD PARTY INVESTIGATIONS, AND CORRECTIVE ACTION PLANS: WHAT DOES IT ALL MEAN?

MS. DEANNA PREZIOSO

SESSION ID: CPS-NCORTC- 4867 DATE: Friday, May 19, 2023 TIME: 6:00 PM - 9:00 PM
CREDIT HOURS: 3 REGISTRATION: Limited to 25

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: This class will provide participants with an overview and understanding of rule violations, third party investigations, corrective action plans, and the process for each. Similarities and differences between rule violations and third party investigations, as well as possible outcomes and participants' rights during each process will be examined. Finally, participants will examine positive coping mechanisms to be used during these stressful times and learn ways they can effectively use these processes as opportunities to learn and grow.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff

EFFECTIVE COMMUNICATION

MS. JANICE WILLIAMS

SESSION ID: CPS-NCORTC-4865 DATE: Friday, May 19, 2023 TIME: 6:00 PM - 9:00 PM
CREDIT HOURS: 3 REGISTRATION: Limited to 25

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: This is a fast-paced workshop that helps caregivers identify effective and ineffective communication. This workshop will help foster caregivers learn how to communicate their needs and concerns without sounding hostile, uncooperative, or worse - ineffective. Foster caregivers will learn how to become advocates and develop partnerships with the agency that will benefit the foster child.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff

A WORLD OF OPPORTUNITIES: HIGH RISK BEHAVIORS ARE HIDDEN IN PLAIN SIGHT

MS. TAMME SMITH

SESSION ID: CPS-NCORTC- 4911 **DATE:** Friday, May 19, 2023 **TIME:** 6:00 PM - 9:00 PM
CREDIT HOURS: 3 **REGISTRATION:** Limited to 10

LOCATION: 5800 Rockside Woods Blvd N, Independence, OH 44131

CONTENT: This workshop will explore the ways society portrays drugs, gangs, and sex, and these portrayals effect our youth. Information will be provided about Ohio drug trends. Participants will explore a model of a teen’s bedroom, seeking possible cues or signs that could hint to risky and/or illegal activity, including underage drinking, eating disorders, and substance abuse. Participants will gain strategies for working with youth and primary parents who demonstrate trauma indicators that manifest in gang involvement or the abuse of drugs and alcohol. Information about local resources and support will be provided.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers

BURNOUT, SECONDARY TRAUMA, AND SELF-CARE

MS. LAURA PERKINS

SESSION ID: CPS-NCORTC-4924 **DATE:** Saturday, May 20, 2023 **TIME:** 9:00 AM - 4:00 PM
CREDIT HOURS: 6 **REGISTRATION:** Limited to 25

LOCATION: *VIRTUAL –CAPS*

CONTENT: This presentation seeks to clarify the continuum of reactions that child welfare workers and supervisors, and other helpers and healers, may experience due to exposure to secondary and primary trauma in their work. Participants will learn risk contributors to developing burnout and secondary traumatic stress, as well as mitigating factors. A range of self-care domains will be discussed, including conceptualizing self-care in alignment with Dr. Siegel’s Healthy Mind Platter (Siegel, 2011). The facilitator will guide participants through several experiential activities, including a chair yoga demonstration, breathing exercises, guided meditation, and development of an individualized self-care plan using SMART goals.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers

JOINT CLASS

THE EFFECTS OF FOSTERING

MS. DEBRA MCMULLEN

SESSION ID: CPS-NCORTC-4938 **DATE:** Saturday, May 20, 2023 **TIME:** 9:00 PM - 12:00 PM
CREDIT HOURS: 3 **REGISTRATION:** Limited to 14

LOCATION: *VIRTUAL –CAPS*

CONTENT: This training, specifically designed for licensed foster caregivers in the early years of their foster care development, will assist participants in identifying what factors contribute the most to their stress as caregivers and what strengths they bring to caregiving. They will learn to identify indicators they, or someone in their family, may be experiencing burnout or secondary traumatic stress. Strategies to prevent or mitigate the stress of caregiving will also be addressed. This training is part of the Fundamentals of Fostering series.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers

ZZZ'S TO A'S: SUPPORTING SLEEP FOR BETTER FUNCTIONING

MS. STACY SIMERA

SESSION ID: CPS-NCORTC-4951
CREDIT HOURS: 3

DATE: Friday, May 19, 2023
REGISTRATION: Limited to 25

TIME: 9:00 AM - 12:00 PM

LOCATION: *VIRTUAL –CAPS*

CONTENT: The purpose of this course is to educate child protective workers and caregivers on child and adolescent sleep needs, the effects of chronic sleep deprivation, and how to better support healthy sleep.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff.

USING DISCIPLINE TO TEACH SELF-REGULATION

MS. RONNA JOHNSON

SESSION ID: CPS-NCORTC-4944
CREDIT HOURS: 3

DATE: Saturday, May 20, 2023
REGISTRATION: Limited to 25

TIME: 9:00 AM - 12:00 PM

LOCATION: *VIRTUAL –CAPS*

CONTENT: This training, part of the *Fundamentals of Fostering* series, focuses on helping caregivers understand discipline as a series of teachable moments rather than a way to control behavior. Participants will consider the importance of self-regulation and how various parenting styles and characteristics influence discipline. They will explore and practice strategies to teach children how to regulate their emotions and behaviors.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff

THE BASICS OF CARING FOR CHILDREN WHO HAVE BEEN SEXUALLY ABUSED

MS. ANTHONY PRESIDENT

SESSION ID: CPS-NCORTC-4941
CREDIT HOURS: 3

DATE: Saturday, May 20, 2023
REGISTRATION: Limited to 25

TIME: 9:00 AM - 1:15 PM

LOCATION: *VIRTUAL –CAPS*

CONTENT: This training, part of the *Fundamentals of Fostering* series, is designed to help equip caregivers with the basic knowledge, skills and attitudes needed to care for children who have been sexually abused. Caregivers will practice providing children with accurate information about sexual abuse and using strategies to help children understand and manage the impact of sexual abuse.

This training assumes a basics understanding of child sexual abuse. To make sure you know the basics, please read: [*What Parents Need to Know About Sexual Abuse*](#)

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff

FOSTER CARE - A MEANS TO SUPPORT FAMILIES



MS. RONNA JOHNSON

SESSION ID: CPS-NCORTC-4946
CREDIT HOURS: 1.5

DATE: Saturday, May 20, 2023
REGISTRATION: Limited to 25

TIME: 1:00 PM - 2:30 PM

LOCATION: *VIRTUAL –CAPS*

CONTENT: This course helps participants understand the child welfare experience from the perspective of the child’s parents and supports finding compassion for parents and the challenges they may be facing. Strategies to nurture children’s relationships with their parents and to integrate and maintain on-going communication and connection between parents and children are covered. This course describes the potential challenges in partnering with the child’s parents and for helping children prepare for visits, including understanding and managing reactions to visits.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff.

REUNIFICATION AS THE PRIMARY PERMANENCY GOAL



MS. RONNA JOHNSON

SESSION ID: CPS-NCORTC-4947
CREDIT HOURS: 1.5

DATE: Saturday, May 20, 2023
REGISTRATION: Limited to 25

TIME: 2:45 PM - 4:15 PM

LOCATION: *VIRTUAL –CAPS*

CONTENT: This training, specifically designed for licensed foster caregivers in the early years of their foster care development, will address the importance of engaging primary families. Common barriers to strong relationships with the primary family will be discussed. Participants will consider how a child might be impacted if they lose their connections with their primary family. Strategies to support positive relationships with primary families will be explored. This training is part of the Fundamentals of Fostering series.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff.

ENGAGING PRIMARY FAMILIES

MS. DEBRA MCMULLEN

SESSION ID: CPS-NCORTC-4940
CREDIT HOURS: 3

DATE: Saturday, May 20, 2023
REGISTRATION: Limited to 25

TIME: 1:00 PM - 4:00 PM

LOCATION: *VIRTUAL –CAPS*

CONTENT: This training is specifically designed for licensed resource families in the early years of caregiving. It will address the importance of engaging primary families. Common barriers to developing strong relationships with the primary family will be discussed. Participants will consider how a child might be impacted if they lose their connections with their primary family. Strategies to support positive relationships with primary families will be explored. This training is part of the Fundamentals of Fostering series.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff

AN OVERVIEW OF LEGAL ISSUES FOR FOSTER CAREGIVERS

MS. CHRISTINA ROSEBROUGH-ZODY

SESSION ID: CPS-NCORTC-4952
CREDIT HOURS: 3

DATE: Saturday, May 20, 2023
REGISTRATION: Limited to 25

TIME: 1:00 PM - 4:00 PM

LOCATION: *VIRTUAL –CAPS*

CONTENT: Foster parents will learn to identify and learn different court procedures in order to help them with their basic responsibilities and obligations for the children in their care. This workshop will help foster parents identify the roles and responsibilities of the legal team; become familiar with the phases of a court hearing; and identify the procedure of public access of information. Participants will have a working knowledge of their rights and responsibilities in the courtroom; filing of pleadings; and court procedures pursuant to federal law and Ohio law. Participants will also be able to recognize areas of potential liability in regards to their actions as well as those of the children in their care.

TARGET AUDIENCE: Licensed Caregiver Homes; Kinship Caregivers, and Staff
